

## CALENDAR

**Sunday 11/9:  
7<sup>th</sup> Sunday of Luke; Nektarios, Bp.  
Of Pentapolis**

8:30a Orthros (Matins)  
9:00a Church School  
9:45a Divine Liturgy  
11:15a Luncheon

**Monday 11/10:  
Arsenios of Cappadocia**

**Tuesday 11/11:  
Menas of Egypt  
Veterans Day**

**Wednesday 11/12: WINE & OIL  
John the Merciful, Patr. of Alexan-  
dria; Martin of Tours**

**Thursday 11/13:  
John Chrysostom, Archbishop of  
Constantinople**

9:00a Divine Liturgy  
6:30p Parish Council

**Friday 11/14: FISH ALLOWED  
Philip the Apostle; Gregory Palamas**

**Saturday 11/15: FISH ALLOWED  
Guria, Shamuna, & Habib of Edessa**

**NATIVITY FAST BEGINS**

**Sunday 11/16: FISH ALLOWED  
7<sup>th</sup> Sunday of Luke**

8:30a Orthros (Matins)  
9:00a Church School  
9:45a Divine Liturgy

## ANNOUNCEMENTS

- ♦ The **Nativity Fast** begins next Saturday. Thursday evening is the last time the Church allows us to eat meat until Christmas. The Nativity Fast is “lighter” than Great Lent and we are permitted to eat fish until the Feast of St. Spyridon, on Dec. 12.
- ♦ There will be a **Festival Appreciation Luncheon** after the Divine Liturgy this morning, to thank all of our wonderful parishioners and volunteers who assisted with the 2014 Greek Festival.
- ♦ The **Fall Parish Assembly** will be held on Sunday, Nov. 23. This Assembly will approve the 2015 Budget, nominate candidates for three Parish Council seats, and elect the Board of Auditors and Board of Elections.
- ♦ Please see Fr. Andreas if you are interested in serving on the Parish Council. To be nominated, **you must be a financial Steward and regular recipient of the Sacred Mysteries.**

For in a contest there is much labor needed — and after the contest victory falls to some, to others disgrace. Is the palm ever given or the crown granted before the course is finished? ...Therefore no one can receive a reward, unless he has striven lawfully; nor is the victory a glorious one, unless the contest also has been toilsome.

**St. Ambrose of Milan**  
*Three Books on the Duties of the Clergy*  
4<sup>th</sup> Century



# HOLY CROSS GREEK ORTHODOX CHURCH



METROPOLIS OF  
SAN FRANCISCO

**SEVENTH SUNDAY OF LUKE:  
HOLY MARTYRS ONESIPHOROS AND PORPHYRIOS; OUR  
RIGHTEOUS MOTHERS MATRONA AND THEOKTISTE OF LESBOS;  
OUR FATHER AMONG THE SAINTS NEKTARIOS, BISHOP OF  
PENTAPOLIS, THE WONDERWORKER.  
November 9, 2014**

### WELCOME VISITORS!

We are pleased that you have joined us today. In order to receive Holy Communion in the Greek Orthodox Church, one must be Baptized and/or Chrismated in the Christian Orthodox Faith. The Orthodox Church understands Holy Communion as a sign of unity. If you are interested in learning more about Christian Orthodoxy, please contact our priest, Father Andreas. Communicants should prepare themselves through fasting, prayer and confession. All Christians are invited to come forward at the dismissal of the Divine Liturgy to receive the holy bread, called *Antidoron*, which is offered to everyone as a blessing when they leave.

Rev. Presbyter Andreas MacLean, *Ieratikos Proistamenos* (Parish Priest)  
P.O. Box 2164, Flagstaff, AZ 86003

Church Location: 16 West Cherry Ave. (Nativity Chapel), Downtown Flagstaff

Office: 928.225.3814 Fax: 855.879.8690 Pastoral Emergency: 928.607.9005

Fr. Andreas's e-mail: [priest@holycrossflagstaff.org](mailto:priest@holycrossflagstaff.org)

Web Site: [www.holycrossflagstaff.org](http://www.holycrossflagstaff.org)

*Holy Cross Greek Orthodox Church is a parish of the Holy Metropolis of San Francisco, in the Greek Orthodox Archdiocese of America, an eparchy of the Ecumenical Patriarchate of Constantinople. Our hierarch is His Eminence the Most Reverend GERASIMOS, Metropolitan of San Francisco.*

## TROPARIA AND READINGS

### **Resurrectional Apolytikion Plagal 1<sup>st</sup> Mode**

Eternal with the Father and the Spirit is the Word, Who of a Virgin was begotten for our salvation. As the faithful we both praise and worship Him, for in the flesh did He consent to ascend unto the Cross, and death did He endure and He raised unto life the dead through His all glorious resurrection.

### **Apolytikion for the Wonderworker 1<sup>st</sup> Mode**

The offspring of Selyvria and the guardian of Aegina, the true friend of virtue who didst appear in the last years, O Nektarios, we faithful honor thee as a godly servant of Christ, for thou pourest forth healings of every kind for those who piously cry out: Glory to Christ Who hath glorified thee. Glory to Him Who hath made thee wondrous. Glory to Him Who worketh healings for all through thee.

### **Apolytikion of the Cross 1<sup>st</sup> Mode**

Save, O Lord Your people, and bless Your inheritance; grant victory to the faithful against the adversaries of the Faith, and protect Your people by the power of Your Cross.

### **Hymn of the Church in Greek & phonetics**

Σῶσον, Κύριε, τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

SO-son KEE-ri-e ton la-ON soo, keh ev-LO-yee-son teen klee-ro-no-MEE-an soo, NEE-kas tees va-see-lef-SEE ka-TA var-VAR-on tho-ROO-me-nos, keh to son fee-LA-ton thi-A too stav-ROO soo po-LEE-tev-ma.

### **Kontakion of the Entrance of the Theotokos 4<sup>th</sup> Mode**

Today, the most pure temple of the Savior, the precious bridal chamber and Virgin, the sacred treasure of God, enters the house of the Lord, bringing the grace of the Divine Spirit. The Angels of God praise her. She is the heavenly tabernacle.

---

### **Apostolic Reading: St. Paul's Letter to Ephesians 5:8-19**

BRETHREN, walk as children of light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore it is said, "Awake, O sleeper,

## TROPARIA AND READINGS

and arise from the dead, and Christ shall give you light." Look carefully then how you walk, not as unwise men but as wise, making the most of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart.

### **Alleluarion: Plagal 1<sup>st</sup> Mode. Psalm 88**

Alleluia. Alleluia. Alleluia.

**Verse 1:** *O Lord, I will sing of Your mercies forever; I will proclaim Your truth with my mouth from generation to generation.*

**Verse 2:** *For You said, "Mercy shall be built up forever;" Your truth shall be prepared in the heavens.*

### **Holy Gospel Reading: Gospel according to St. Luke 8:41-56**

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought him to come to his house, for he had an only daughter, about twelve years of age, and she was dying. As he went, the people pressed round him. And a woman who had had a flow of blood for twelve years and had spent all her living upon physicians and could not be healed by anyone, came up behind him, and touched the fringe of his garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched me?" When all denied it, Peter said, "Master, the multitudes surround you and press upon you!" But Jesus said, "Some one touched me; for I perceive that power has gone forth from me." And when the woman saw that she was not hidden, she came trembling, and falling down before him declared in the presence of all the people why she had touched him, and how she had been immediately healed. And he said to her, "Daughter, your faith has made you well; go in peace." While he was still speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the Teacher any more." But Jesus on hearing this answered him, "Do not fear; only believe, and she shall be well." And when he came to the house, he permitted no one to enter with him, except Peter and John and James, and the father and mother of the child. And all were weeping and bewailing her; but he said, "Do not weep; for she is not dead but sleeping." And they laughed at him, knowing that she was dead. But taking her by the hand he called, saying, "Child, arise." And her spirit returned, and she got up at once; and he directed that something should be given her to eat. And her parents were amazed; but he charged them to tell no one what had happened.