

CALENDAR

Sunday 2/22: NO MEAT

Cheesefare Sunday: of Forgiveness

8:30a Orthros (Matins)

9:00a Church School

9:45a Divine Liturgy

6:30p Forgiveness Vespers [in Phoenix]

Monday 2/23: STRICT FAST

Clean Monday

Tuesday 2/24: WINE/OIL ALLOWED

Clean Tuesday: 1st & 2nd Findings of the Head of John the Forerunner

Wednesday 2/25: STRICT FAST

Clean Wednesday

6:30p Presanctified Liturgy

Thursday 2/26: STRICT FAST

Clean Thursday

Friday 2/27: STRICT FAST

Clean Friday

6:30p 1st Salutations to the Theotokos

Saturday 2/28: WINE/OIL ALLOWED
Miracle of Kollyva by St. Theodore

9:00a Orthros (Matins)

10:00a Divine Liturgy & Memorial

6:30p Great Vespers

Sunday 3/1: WINE/OIL ALLOWED

Sunday of Orthodoxy

8:45a Orthros (Matins)

9:00a Church School

10:00a Procession of Icons

& Divine Liturgy

4:00 Enquirers Class

ANNOUNCEMENTS

- ◆ His Eminence Metropolitan Gerasimos will preside at **Forgiveness Vespers** tonight at Holy Trinity Cathedral of Phoenix. His Eminence would like all the faithful of Arizona to attend this service.
- ◆ On Saturday, we will have a Memorial Service to commemorate the miracle of Kollyva by St. Theodore of Tyro. This is one of **Saturdays of Souls** the Church sets aside to commemorate all of the faithful departed in your families by making *kollyva*.
- ◆ Today is the last day to eat eggs and dairy products until **Great & Holy Pascha** (Apr. 12). On the Feast of the Annunciation (Mar. 25) and Palm Sunday, we may consume fish..
- ◆ We need volunteers to help put together a **parish directory**. Please fill out the insert if you can assist.

Do we forgive our neighbors their trespasses? God also forgives us in His mercy. Do we refuse to forgive? God, too, will refuse to forgive us. As we treat our neighbors, so also does God treat us. The forgiveness, then, of your sins or unforgiveness, and hence also your salvation or destruction, depend on you yourself, man. For without forgiveness of sins there is no salvation.

St. Tikhon of Zadonsk
18th century

**HOW MUCH DOES IT COST
TO OPERATE OUR PARISH?
\$58/FAMILY EVERY WEEK.**

**GLORY TO GOD, SEVEN FAMILIES
HAVE ANSWERED THIS CALL!**

**WE HAVE NOT HEARD FROM 32 FAMILIES YET,
PLEASE SUBMIT YOUR PLEDGE CARD TODAY.**



HOLY CROSS GREEK ORTHODOX CHURCH



METROPOLIS OF
SAN FRANCISCO

SUNDAY OF CHEESEFARE: OF FORGIVENESS

**On which we call to mind the Expulsion from
Paradise of Adam, the First-created Man.
The Commemoration of the Finding of the Sacred Relics
of the Holy Martyrs at Eugenios.
Our Righteous Fathers Thalassios & Baradatos.**

February 22, 2015

WELCOME VISITORS!

We are pleased that you have joined us today. In order to receive Holy Communion in the Greek Orthodox Church, one must be Baptized and/or Chrismated in the Christian Orthodox Faith. The Orthodox Church understands Holy Communion as a sign of unity. If you are interested in learning more about Christian Orthodoxy, please contact our priest, Father Andreas. Communicants should prepare themselves through fasting, prayer and confession. All Christians are invited to come forward at the dismissal of the Divine Liturgy to receive the holy bread, called *Antidoron*, which is offered to everyone as a blessing when they leave.

Rev. Presbyter Andreas M. Papayiannis, BA, MDiv, *Ieratikos Proistamenos* (Parish Priest)
P.O. Box 2164, Flagstaff, AZ 86003

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Fr. Andreas's e-mail: priest@holycrossflagstaff.org

Web Site: www.holycrossflagstaff.org

Holy Cross Greek Orthodox Church is a parish of the Holy Metropolis of San Francisco, in the Greek Orthodox Archdiocese of America, an eparchy of the Ecumenical Patriarchate of Constantinople.

Our hierarch is His Eminence the Most Reverend GERASIMOS, Metropolitan of San Francisco.

TROPARIA AND READINGS

Resurrectional Apolytikion 4th Mode

When the tidings of the resurrection from the glorious angel was proclaimed unto the women disciples and our ancestral sentence also had been abolished to the Apostles with the boasting did they proclaim that death is vanquished ever more and Christ Our God has risen from the dead and granted to the world His great mercy.

Ἀπολυτίκιον Ἀναστάσιμον Ἦμος δ΄

Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

Eisodikon 2nd Mode

Come let us bow down to Christ as we worship Him, the Son of God. Save us O Son of God Who are risen from the dead, we sing to You: Alleluia.

Apolytikion of our Temple 1st Mode

Save, O Lord Your people, and bless Your inheritance; grant victory to the faithful against the adversaries of the Faith, and protect Your people by the power of Your Cross.

Hymn of the Church in Greek & phonetics

Σῶσον, Κύριε, τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

SO-son KEE-ri-e ton la-ON soo, keh ev-LO-yee-son teen klee-ro-no-MEE-an soo, NEE-kas tees va-see-lef-SEE ka-TA var-VAR-on tho-ROO-me-nos, keh to son fee-LA-ton thi-A too stav-ROO soo po-LEE-tev-ma.

Kontakion from the Triodion Plagal 2nd Mode

O guide to wisdom, provider of prudence, disciplinarian of fools, and defender of the poor, fortify and discipline my heart, O Master; You, give me a word, O Word of the Father. For behold, I will not hinder my lips from crying to You: O merciful Lord, have mercy on me who have fallen.

4th Orthros Reading: Gospel according to St. Luke 24:1-12

On the first day of the week, at early dawn, they went to the tomb, taking the spices which they had prepared. And they found the stone rolled away from the tomb, but when they went in they did not find the body. While they were perplexed about this, behold, two men stood by them in dazzling apparel; and as they were frightened and bowed their faces to the ground, the men said to them, "Why do you seek the living among the dead? Remember how he told you, while he was still in Galilee, that the Son of man must be delivered in to the hands of sinful men, and be crucified, and on the third day rise." And they remembered his words, and returning from the tomb they told all this to the eleven and to all the rest. Now it was Mary Magdalene, and Joanna and Mary the mother of James and the other women with them who told this to the apostles; but these words seemed to them an idle tale, and they did not believe them.

TROPARIA AND READINGS

Prokeimenon: Plagal 4th Mode. Psalm 75

Pray and return to the Lord Your God; all around Him shall bring gifts.

Στιχ: *In Judah God is known; His name is great in Israel.*

Apostolic Reading: St. Paul's Letter to Romans 13:11-14; 14:1-4

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

Alleluia: 4th Mode. Psalm 44

Alleluia. Alleluia. Alleluia.

Στιχ 1: Gird Your sword upon Your thigh, O Mighty One, in Your splendor and Your beauty.

Στιχ 2: You loved righteousness and hated lawlessness. Therefore God, Your God, anointed You with the oil of gladness more than Your companions.

Holy Gospel Reading: Gospel according to St. Matthew 6:14-21

The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."

The Holy Fathers have appointed the commemoration of Adam's exile from the Paradise of delight here, on the eve of the holy Forty-day Fast, demonstrating to us not by simple words, but by actual deeds, how beneficial fasting is for man, and how harmful and destructive are insatiety and the transgressing of the divine commandments. For the first commandment that God gave to man was that of fasting, which the first-fashioned received but did not keep; and not only did they not become gods, as they had imagined, but they lost even that blessed life which they had, and they fell into corruption and death, and transmitted these and innumerable other evils to all of mankind. The God-bearing Fathers set these things before us today, that by bringing to mind what we have fallen from, and what we have suffered because of the insatiety and disobedience of the first-fashioned, we might be diligent to return again to that ancient bliss and glory by means of fasting and obedience to all the divine commands. Taking occasion from today's Gospel to begin the Fast unencumbered by enmity, we also ask forgiveness this day, first from God, then from one another and all creation.