

## CALENDAR

**Sunday 2/15: NO FASTING**

**Meatfare Sunday: Last Judgment**

8:30a Orthros (Matins)  
9:00a Church School  
9:45a Divine Liturgy  
4:00p Enquirers Class

**Monday 2/16: NO MEAT**

**Martyr Pamphilos & Companions**

**Tuesday 2/17: NO MEAT**

**Gt-Martyr Theodore the Tyro**

6:30p Small Compline  
& Bible Study

**Wednesday 2/18: NO MEAT**

**Pope Leo the Great**

**Thursday 2/19: NO MEAT**

**Apostles Archippos, Philemon  
& Apphia**

**Friday 2/20: NO MEAT**

**Leo the Wonderworker**

**Saturday 2/21: NO MEAT**

**Saturday of Souls: the Holy &  
Ascetic Men & Women**

9:00a Orthros (Matins)  
10:00a Divine Liturgy & Memorial

**Sunday 2/22: NO MEAT**

**Cheesefare Sunday: Forgiveness**

8:30a Orthros (Matins)  
9:00a Church School  
9:45a Divine Liturgy  
6:30p Forgiveness Vespers  
[at Holy Trinity Cathedral of Phoenix]

## ANNOUNCEMENTS

- ◆ His Eminence Metropolitan Gerasimos will preside at **Forgiveness Vespers** on Cheesefare Sunday (Feb. 22, 6:30p) at Holy Trinity Cathedral of Phoenix. His Eminence would like all the faithful of Arizona to attend this service.
- ◆ On Saturday, we will have a Memorial Service to commemorate all the Righteous Men and Women who lived in asceticism. This is one of **Saturdays of Souls** the Church sets aside to commemorate all of the faithful departed in your families by making *kollyva*.
- ◆ **Today is the last day to eat meat until Great & Holy Pascha** (Apr. 12). During the upcoming week, we may consume all foods except meat and meat-products.
- ◆ We need volunteers to help put together a **parish directory**. Please see the insert.
- ◆ Starting with the first service in Clean Week, we are revising our service times: **all evening services will begin at 6:30p, and Divine Liturgies will begin at 10:00a.**

For when one has pity on the poor, he lends to God; and he who gives to the least gives to God: sacrifices spiritually to God an odor of a sweet smell.

**St. Cyprian of Carthage**  
On *The Lord's Prayer*, 3<sup>rd</sup> century

## HOW MUCH DOES IT COST TO OPERATE OUR CHURCH?

Last November, the Parish Assembly passed a 2015 Budget of \$153,080.

**THAT IS \$58 / FAMILY,  
EACH AND EVERY WEEK.**

**PLEASE TURN IN YOUR PLEDGE CARD**



# HOLY CROSS GREEK ORTHODOX CHURCH



METROPOLIS OF  
SAN FRANCISCO

## MEATFARE SUNDAY: OF THE LAST JUDGMENT

**On which we call to mind the second & fearsome  
coming of our Lord Jesus Christ.**

**Holy Apostle Onesimos, disciple of the Holy Apostle Paul; Our  
Righteous Father Anthimos, the Elder of Chios; Our Father  
among the Saints Onesimos, Patriarch of Constantinople.**

**February 15, 2015**

### WELCOME VISITORS!

We are pleased that you have joined us today. **In order to receive Holy Communion in the Greek Orthodox Church, one must be Baptized and/or Chrismated in the Christian Orthodox Faith.** The Orthodox Church understands Holy Communion as a sign of unity. If you are interested in learning more about Christian Orthodoxy, please contact our priest, Father Andreas. Communicants should prepare themselves through fasting, prayer and confession. All Christians are invited to come forward at the dismissal of the Divine Liturgy to receive the holy bread, called *Antidoron*, which is offered to everyone as a blessing when they leave.

Rev. Presbyter Andreas M. Papayiannis, BA, MDiv, *Ieratikos Proistamenos* (Parish Priest)  
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Web Site: [www.holycrossflagstaff.org](http://www.holycrossflagstaff.org)

*Holy Cross Greek Orthodox Church is a parish of the Holy Metropolis of San Francisco, in the Greek Orthodox  
Archdiocese of America, an eparchy of the Ecumenical Patriarchate of Constantinople.*

*Our hierarch is His Eminence the Most Reverend GERASIMOS, Metropolitan of San Francisco.*

# TROPARIA AND READINGS

## Resurrectional Apolytikion 3<sup>rd</sup> Mode

Let all things above in heaven rejoice, and let all things below on earth be glad. With all the might and strength of His arm an eternal deed the Lord did perform. Beneath His feet He has trampled down death by death, and first born of the dead has He become. From the womb of Hades has He delivered us, and to all the world has granted His great redeeming mercy.

## Ἀπολυτίκιον Ἀναστάσιμον Ἦχος γ´

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιτίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

## Eisodikon 2<sup>nd</sup> Mode

Come let us bow down to Christ as we worship Him, the Son of God. Save us O Son of God Who are risen from the dead, we sing to You: Alleluia.

## Apolytikion of our Temple 1<sup>st</sup> Mode

Save, O Lord Your people, and bless Your inheritance; grant victory to the faithful against the adversaries of the Faith, and protect Your people by the power of Your Cross.

## Hymn of the Church in Greek & phonetics

Σῶσον, Κύριε, τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

SO-son KEE-ri-e ton la-ON soo, keh ev-LO-yee-son teen klee-ro-no-MEE-an soo, NEE-kas tees va-see-lef-SEE ka-TA var-VAR-on tho-ROO-me-nos, keh to son fee-LA-ton thi-A too stav-ROO soo po-LEE-tev-ma.

## Kontakion from the Triodion 1<sup>st</sup> Mode

When You come down to the earth, O God, in Your glory, all things will cower tremulous, and a river of fire will draw before Your Judgment Seat; the books shall be opened up, and public knowledge will things hidden be. Rescue me, then, I pray, from unquenchable fire, and count me worthy to stand at Your right hand, O You, the most righteous Judge.

## 3<sup>rd</sup> Orthros Reading: Gospel according to St. Mark 16:9-20

At that time, Jesus rose early on the first day of the week, and he appeared first to Mary Magdalene, from whom he had cast seven demons. She went and told those who had been with him, as they mourned and wept. But when they heard that he was alive and had been seen by her, they would not believe it. After this he appeared in another form to two of them, as they were walking into the country. And they went back and told the rest, but they did not believe them. Afterward he appeared to the eleven themselves as they sat at table; and he upbraided them for their unbelief and hardness of heart, because they had not believed those who saw him after he had risen. And he said to them, "Go into all the world and preach the gospel to the whole creation. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will accompany those who believe: in my name they will cast out demons; they will speak in new tongues; they will pick up serpents, and if they drink any deadly thing, it will not hurt them; they will lay their hands on the sick, and they will recover." So then the Lord Jesus, after he had spoken to them, was taken up into heaven, and sat down at the right hand of God. And they went forth and preached everywhere, while the Lord worked with them and confirmed the message by the signs that attended it. Amen.

February 15, 2015

# TROPARIA AND READINGS

## Prokeimenon: 3<sup>rd</sup> Mode. Psalm 46

Sing praises to God; sing praises; sing praises to our King; sing praises.  
*Ἦχος: Ob, clap your hands, all you nations. Shout to God with the voice of rejoicing.*

## Apostolic Reading: St. Paul's 1<sup>st</sup> Letter to Corinthians 8:8-13; 9:1-2

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

## Alleluia: 3<sup>rd</sup> Mode. Psalm 30

Alleluia. Alleluia. Alleluia.

*Ἦχος 1: In You, O Lord, I hope; may I not be ashamed forever; in Your righteousness deliver and rescue me.*

*Ἦχος 2: Be to me a God who protects me, and a house of refuge to save me.*

## Holy Gospel Reading: Gospel according to St. Matthew 25:31-46

The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

But while the brutes have from nature their unfruitfulness, and fruitfulness, these have it from choice, wherefore some are punished, and the others crowned. And He doth not punish them, until He hath pleaded with them; wherefore also, when He hath put them in their place, He mentions the charges against them.

**St. John Chrysostom**

*Homily on Matthew XXV, 4<sup>th</sup> century*