

Feasts and Commemorations for this Week

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 Sunday of the Paralytic > Luke 24:13-35 > Acts 9:32-42 > John 5:1-15 >	30 James the Apostle and brother of St. John the Theologian Acts 12:1-11 > Luke 9:1-6 >	1 4th Tuesday after Pascha Acts 10:21-33 > John 7:1-13 >	2 4th Wednesday after Pascha - Mid-Pentecost Hebrews 13:7-16 > John 7:14-30 >	3 4th Thursday after Pascha Acts 10:34-43 > John 8:12-20 >	4 4th Friday after Pascha Acts 10:44-48, 11:1-10 > John 8:21-30 >	5 4th Saturday after Pascha Acts 12:1-11 > John 8:31-42 >
 Wine / Oil Allowed  Fish Allowed  Strict Fast  Cheese / Dairy Allowed						

Prayer List:

Please keep the following intentions in your prayers:

- Father Virgil Suci as he travels to and serves the spiritual needs of our church from today until May 27, 2018.
- Father Earl Cantos coming to Holy Cross on a part-time basis beginning June 3. Stay tuned for more detail in the coming weeks.

Save the Dates!

- 4/29 Divine Liturgy 10:00a with Fr. Virgil. Church School begins 9:30a
- 5/06 Divine Liturgy 10:00a with Fr. Virgil. Church School begins 9:30a
- 5/13 Divine Liturgy 10:00a with Fr. Virgil. Church School begins 9:30a
- 5/20 Divine Liturgy 10:00a with Fr. Virgil. Church School begins 9:30a
Spring General Assembly 12:00 Noon
- 5/27 Divine Liturgy 10:00a with Fr. Virgil. Church School begins 9:30a

Refer to e-mailed Parish Updates for additional events and details.

Christos Anesti!

Hristos a înviat!

Christ is Risen!

Truly He is Risen!

Христос воскрес!

Almasih qam haqana qam!



Holy Cross Greek Orthodox Church

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Services Schedule:

Divine Liturgy 10 AM on Sundays
9th hour Prayers 9:30 AM

Bulletin for Sunday, April 29, 2018

CHRIST IS RISEN! TRULY HE IS RISEN!

Hymns of the Day

Apolytikion of Great and Holy Pascha in the Plagal First Mode

Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.

Resurrectional Apolytikion in the Third Mode

Let all things above in heav'n rejoice, and let all things below on earth be glad. With all the might and strength of His arm an eternal deed the Lord did perform. Beneath His feet He has trampled down death by death, and first born of the dead has He become. From the womb of Hades has He delivered us, and to all the world has granted His great redeeming mercy.

Holy Cross Church Apolytikion in the First Mode

Save, O Lord Your people, and bless Your inheritance; grant victory to the faithful against the adversaries of the Faith, and protect Your people by the power of Your Cross.

Seasonal Kontakion in the Plagal Fourth Mode

Though You went down into the tomb, You destroyed Hades' power, and You rose the victor, Christ God, saying to the myrrh-bearing women, "Hail!" and granting peace to Your disciples, You who raise up the fallen.

Epistle Reading

The Reading is from Acts of the Apostles 9:32-42

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Gospel Reading

Sunday of the Paralytic

The Reading is from John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

Saints and Feasts Commemorated

Sunday of the Paralytic



Close to the Sheep's Gate in Jerusalem, there was a pool, which was called the Sheep's Pool. It had round about it five porches, that is, five sets of pillars supporting a domed roof. Under this roof there lay very many sick people with various maladies, awaiting the moving of the water. The first to step in after the troubling of the water was healed immediately of whatever malady he had.

It was there that the paralytic of today's Gospel was lying, tormented by his infirmity of thirty-eight years. When Christ beheld him, He asked him, "Wilt thou be made whole?" And he answered with a quiet and meek voice, "Sir, I have no man, when the water is troubled, to put me into the pool." The Lord said unto him, "Rise, take up thy bed, and walk." And straightaway the man was made whole and took up his bed. Walking in the presence of all, he departed rejoicing to his own house. According to the expounders of the Gospels, the Lord Jesus healed this paralytic during the days of the Passover, when He had gone to Jerusalem for the Feast, and dwelt there teaching and working miracles. According to Saint John the Evangelist, this miracle took place on the Sabbath.

Jason and Sosipater the Apostles of the 70 and their Companions



Both of these Saints were disciples of the Apostle Paul, who mentions them in his Epistle to the Romans, saying: "Jason and Sosipater my kinsmen greet you" (16:21). Jason was from Tarsus of Cilicia, and became bishop there. Sosipater was from Patras of Achaia, and became Bishop of Iconium. When they had shepherded their churches well for a long time, they departed west that they might profit others also, and arrived finally at the island of Corfu, where they were the first to preach the Gospel to its people. They suffered many things for Christ's Name, drew many souls to salvation, and finished the course of their life there. In the ancient city of Corfu, a church from the first centuries, built in their honour and bearing inscriptions that mention the Saints by name, verifies the historical account concerning them.

Holy Martyr Cercyra

Nektarios the New Martyr of Optina