

## Feasts and Commemorations for this Week

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>4</b> Sunday of St. Gregory Palamas » Luke 24:36-53 » Hebrews 1:10-14; 2:1-3 » Mark 2:1-12 »	<b>5</b> 3rd Monday of Lent Isaiah 8:13-9:7 » Genesis 6:9-22 » Proverbs 8:1-21 »	<b>6</b> 3rd Tuesday of Lent Isaiah 9:9-10:4 » Genesis 7:1-5 » Proverbs 8:32-9:11 »	<b>7</b> 3rd Wednesday of Lent Isaiah 10:12-20 » Genesis 7:6-9 » Proverbs 9:12-18 »	<b>8</b> 3rd Thursday of Lent Isaiah 11:10-12:2 » Genesis 7:11-8:3 » Proverbs 10:1-22 »	<b>9</b> The Holy Forty Martyrs of Sebastia Luke 21:12-19 » Hebrews 12:1-10 » Matthew 20:1-16 »	<b>10</b> Third Saturday of Lent » Hebrews 10:32-38 » Mark 2:14-17 »
 Wine / Oil Allowed  Fish Allowed  Strict Fast  Cheese / Dairy Allowed						

### Prayer List:

Please keep the following intentions in your prayers:

- For ourselves and our families, extended families, Orthodox friends, neighbors, co-workers and acquaintances, that God grants us all the strength, humility, peace, contentment, hope, serenity and love to sustain us through Great Lent.

### Save the Dates!

3/10 Prosforo baking class, 10:00am

3/31 Lazarus Saturday

Morning Prayer 9:30 & Divine Liturgy 10:00a with Fr. Basil  
Pancake breakfast & Palm Cross making afterward

Akathist every Friday @ 6:30pm through 3/30/18

Refer to e-mailed Parish Updates for additional events and details

# Great and Holy Pascha 2018 will be on April 8th.



## Holy Cross Greek Orthodox Church

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Rev. Father Andrew Barakos

Phone: (480) 991-3009

### Services Schedule:

Divine Liturgy 10 AM on Sundays

9th hour Prayers 9:30 AM

Church School 9:30 AM



## Bulletin for Sunday, March 4, 2018

### Hymns of the Day

#### Resurrectional Apolytikion in the Plagal Second Mode

When the angelic powers appeared at your tomb and those who guarded You became as though dead, and standing by Your sepulchre was Mary seeking Your pure and sacred body. For You did vanquish Hades and uncorrupted by its touch You came unto the virgin woman, bestowing the gift of life O You who rose from the dead. Lord we give glory to You.

#### Apolytikion for Sun. of St. Gregory Palamas in the Plagal Fourth Mode

Light of Orthodoxy, pillar and teacher of the Church, adornment of monastics, invincible champion of theologians, O Gregory thou wonderworker, boast of Thessalonica, herald of grace: ever pray that our souls be saved.

#### Holy Cross Church Apolytikion in the First Mode

Save, O Lord Your people, and bless Your inheritance; grant victory to the faithful against the adversaries of the Faith, and protect Your people by the power of Your Cross.

#### Seasonal Kontakion in the Plagal Fourth Mode

To you, Theotokos, invincible Defender, having been delivered from peril, I, your city, dedicate the victory festival as a thank offering. In your irresistible might, keep me safe from all trials, that I may call out to you: "Hail, unwedded bride!"

## Epistle Reading

### The Reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

## Gospel Reading

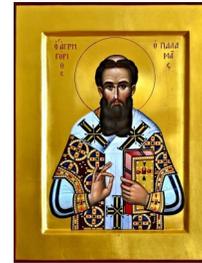
### Sunday of St. Gregory Palamas

#### The Reading is from Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins'-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

## Saints and Feasts Commemorated

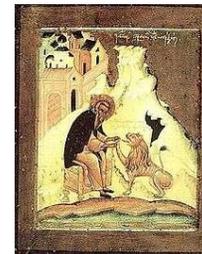
### Sunday of St. Gregory Palamas



This divine Father, who was from Asia Minor, was from childhood reared in the royal court of Constantinople, where he was instructed in both religious and secular wisdom. Later, while still a youth, he left the imperial court and struggled in asceticism on Mount Athos, and in the Skete at Beroea. He spent some time in Thessalonica being treated for an illness that came from his harsh manner of life. He was present in Constantinople at the Council that was convened in 1341 against Barlaam of Calabria, and at the Council of 1347 against Acindynus, who was of like mind with Barlaam; Barlaam and Acindynus claimed that the grace of God is created. At both these Councils, the Saint contended courageously for the true dogmas of the Church of Christ, teaching in particular that divine grace is not created, but is the uncreated energies of God which are poured forth throughout creation: otherwise it would be impossible, if grace were created, for man to have genuine communion with the uncreated God. In 1347 he was appointed Metropolitan of Thessalonica. He tended his flock in an apostolic manner for some twelve years, and wrote many books and treatises on the most exalted doctrines of our Faith; and having lived for a total of sixty-three years, he reposed in the Lord in 1359.

His holy relics are kept in the Cathedral of Thessalonica. A full service was composed for his feast day by the Patriarch Philotheus in 1368, when it was established that his feast be celebrated on this day. Since works without right faith avail nothing, we set Orthodoxy of faith as the foundation of all that we accomplish during the Fast, by celebrating the Triumph of Orthodoxy the Sunday before, and the great defender of the teachings of the holy Fathers today.

### Gerasimus the Righteous of Jordan



This Saint, who was from Lycia in Asia Minor, lived there for many years as a hermit, and then went to Palestine. There he built the great Lavra by the Jordan River, where a lion served him with great obedience and devotion. One day the lion came looking for Gerasimus that he might feed him, but his disciples took the lion to the place where they had buried the Saint shortly before. The lion fell at the Saint's grave and, after roaring with grief, died at that very place. Saint Gerasimus reposed in 475.

### Gregory, Bishop of Constance

#### Paul & his sister Juliana and their Companions