

## Feasts and Commemorations for this Week

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>11</b> Sunday of the Holy Cross John 20:1-10 » Hebrews 4:14-16; 5:1-6 » Mark 8:34-38, 9:1 »	<b>12</b> 4th Monday of Lent Isaiah 14:24-32 » Genesis 8:21-9:7 » Proverbs 11:19-12:6 »	<b>13</b> 4th Tuesday of Lent Isaiah 25:1-9 » Genesis 9:8-17 » Proverbs 12:8-22 »	<b>14</b> 4th Wednesday of Lent Isaiah 26:21-27:9 » Genesis 9:18-10:1 » Proverbs 12:23-13:9 »	<b>15</b> 4th Thursday of Lent Isaiah 28:14-22 » Genesis 10:32-11:9 » Proverbs 13:19-14:6 »	<b>16</b> 4th Friday of Lent Isaiah 29:13-23 » Genesis 12:1-7 » Proverbs 14:15-26 »	<b>17</b> Fourth Saturday of Lent Hebrews 6:9-12 » Mark 7:31-37 »
 Wine / Oil Allowed  Fish Allowed  Strict Fast  Cheese / Dairy Allowed						

### Prayer List:

Please keep the following intentions in your prayers:

- For the soul of the reposed servant of God Father Monk Gregory Pappas, father of Angelo Pappas, father-in-law of Potoula Pappas and grandfather to Gregory, Eleni and Dena Pappas. May his memory be eternal!
- For Jacob Saylor, ordained to the Holy Priesthood February 25th at Assumption Greek Orthodox Church in Scottsdale. Axios!
- For our brothers and sisters on the east coast, for safe passage through a major winter storm, and for stranded travelers.

### Save the Dates!

- 3/25 Annunciation and Greek Independence Day  
 3/31 Lazarus Saturday  
 Morning Prayer 9:30 & Divine Liturgy 10:00a with Fr. Basil  
 Pancake breakfast & Palm Cross making afterward  
 4/1 Palm Sunday  
 4/2-4/7 Holy Week  
 4/8 Great and Holy Pascha

Akathist every Friday @ 6:30pm through 3/30/18

### Please Note:

- Fr. Basil will be available to hear children's confessions during Holy Week, starting on Tuesday 4/3 at 430pm. Please have your children sign up for a date and a time during Sunday school.
- The beautiful new iconostasis is installed. Thank you Dale & Cookie! The icons for the royal doors are on order. We are looking at carpeting for the altar space. On to the next phase of a new altar table and table of oblation. Donations are still being taken for the ancillary items. Mark your check "altar project." Thank you to all who have already made a donation.

Refer to e-mailed Parish Updates for additional events and details



## Holy Cross Greek Orthodox Church

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Rev. Father Andrew Barakos

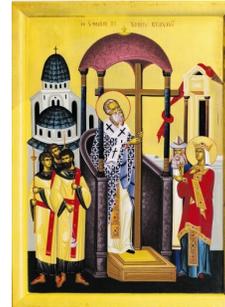
Phone: (480) 991-3009

### Services Schedule:

Divine Liturgy 10 AM on Sundays

9th hour Prayers 9:30 AM

Church School 9:30 AM



## Bulletin for Sunday, March 11, 2018

### Hymns of the Day

#### Resurrectional Apolytikion in the Grave Mode

O Lord by Your sacred Cross You abolished death, and granted unto the thief blessed paradise. The Myrrh-bearers ceased lamenting and turned to joy. The apostles did preach the Good News at Your command, that You had risen from the dead O Christ Our God, bestowing Your mercy upon the world ever more.

#### Apolytikion for Sunday of the Holy Cross in the First Mode

Save O Lord, O Lord Your people, and bless Your inheritance. Grant victory to the faithful against the adversaries of the Faith, and protect Your people through Your Holy Cross, Your Holy Cross.

#### Holy Cross Church Apolytikion in the First Mode

Save, O Lord Your people, and bless Your inheritance; grant victory to the faithful against the adversaries of the Faith, and protect Your people by the power of Your Cross.

#### Seasonal Kontakion in the Plagal Fourth Mode

To you, Theotokos, invincible Defender, having been delivered from peril, I, your city, dedicate the victory festival as a thank offering. In your irresistible might, keep me safe from all trials, that I may call out to you: "Hail, unwedded bride!"

## Epistle Reading

**The Reading is from St. Paul's Letter to the Hebrews 4:14-16; 5:1-6**

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

## Gospel Reading

**Sunday of the Holy Cross**

**The Reading is from Mark 8:34-38; 9:1**

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

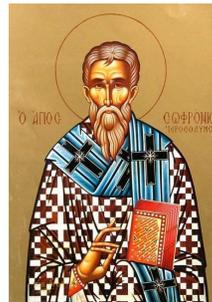
## Saints and Feasts Commemorated

**Sunday of the Holy Cross**



With the help of God, we have almost reached the middle of the course of the Fast, where our strength has been worn down through abstinence, and the full difficulty of the labour set before us becomes apparent. Therefore our holy Mother, the Church of Christ, now brings to our help the all-holy Cross, the joy of the world, the strength of the faithful, the staff of the just, and the hope of sinners, so that by venerating it reverently, we might receive strength and grace to complete the divine struggle of the Fast.

## Sophronius, Patriarch of Jerusalem



This Saint was born in Damascus. As a young man he became a monk at the Monastery of Saint Theodosius the Cenobiarch in Palestine, where he met John Moschus and became his close friend. Having a common desire to search out ascetics from whom they could receive further spiritual instruction, they journeyed together through Palestine, Syria, Asia Minor, and Egypt, where they met the Patriarch of Alexandria, Saint John the Almsgiver, with whom they remained until 614, when Persians captured Jerusalem

(see also Saint Anastasius the Persian, Jan. 22). Saint Sophronius and John Moschus departed Alexandria for Rome, where they remained until 619, the year of John Moschus' death. Saint Sophronius returned to the Monastery of Saint Theodosius the Cenobiarch, and there buried the body of his friend. He laboured much in defence of the Holy Fourth Council of Chalcedon, and traveled to Constantinople to remonstrate with Patriarch Sergius and the Emperor Heraclius for changing the Orthodox Faith with their Monothelite teachings. After the death of Patriarch Modestus in December of 634, Sophronius was elected Patriarch of Jerusalem. Although no longer in the hands of the Persians, the Holy Land was now besieged by the armies of the newly-appeared religion of Mohammed, which had already taken Bethlehem; in the Saint's sermon for the Nativity of our Lord in 634, he laments that he could not celebrate the feast in Bethlehem. In 637, for the sins of the people, to the uttermost grief of Saint Sophronius, the Caliph Omar captured Jerusalem. Having tended the flock of his Master for three years and three months, Saint Sophronius departed in peace unto Him Whom he loved on March 11, 638.

Saint Sophronius has left to the Church many writings, including the life of Saint Mary of Egypt. The hymn "O Joyous Light," which is wrongly ascribed to him, is more ancient than Saint Basil the Great, as the Saint himself confirms in his work "On the Holy Spirit" (ch. 29). However, it seems that this hymn, which was chanted at the lighting of the lamps and was formerly called "The Triadic Hymn," was later supplemented somewhat by Saint Sophronius, bringing it into the form in which we now have it. Hence, some have ascribed it to him..

**Theodora the Righteous**

**Pionios the Presbyter**

**George the New Wonderworker of Constantinople**

**Trophimos and Thallos the Martyrs**